

Apixaban Prescribing Guidance

Counselling Sheet



<p>Patient name and CHI number (affix sticky label here)</p>	<p>Please tick boxes to indicate that information has been given to patient/guardian.</p> <p>This form should be signed by both the patient/guardian and professional providing the information.</p> <p>File signed form in patient's notes.</p>
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<input type="checkbox"/>	Explain indication for therapy
<input type="checkbox"/>	Explain expected duration of therapy
<input type="checkbox"/>	Explain dose - Refer to NHS Lothian Prescriber Information Sheet
<input type="checkbox"/>	<p>Administration:</p> <ul style="list-style-type: none"> • Swallow whole with water (with or without food) • Take roughly at the same time each day • Missed dose: <ul style="list-style-type: none"> - Up to 6 hrs later than scheduled dose - Take as soon as remembered then continue with the twice daily dose as usual. - More than 6hrs later than scheduled dose – Wait and take the next scheduled dose
<input type="checkbox"/>	Advise patient that a missed dose will increase the risk of further blood clots and that strict compliance is essential.
<input type="checkbox"/>	<p>Advise of potential drug interactions:</p> <ul style="list-style-type: none"> • Stop concomitant antiplatelets / anticoagulants / NSAIDs and if on antiplatelets post acute coronary syndrome (ACS) / percutaneous coronary intervention (PCI) prescriber must discuss with cardiology first • Clarithromycin may increase levels of apixaban • CYP3A4 inhibitors may increase levels of apixaban (eg triazole and imidazole antifungals [except <i>fluconazole</i>], protease inhibitors [HIV antiviral drugs]) • CYP3A4 inducers may decrease levels of apixaban (eg rifampicin, phenytoin, carbamazepine, St. John's wort) <p>Check with pharmacist before buying Over-The-Counter medicines, alternative medicines, herbal medicines or supplements.</p>
<input type="checkbox"/>	Always tell the doctor, dentist or pharmacist that you take apixaban
<input type="checkbox"/>	<p>Bleeding risk:</p> <ul style="list-style-type: none"> • Advise patient of bleeding risk and lack of reversal agent. • Seek immediate medical attention if significant bleeding or head injury sustained. • Avoid risks from falls/injury – need to take care with hobbies/leisure activities and avoid contact sports. • Advise on the dangers of excess alcohol (increased risk of fall and bleed)
<input type="checkbox"/>	<p>Pregnancy and breastfeeding – Apixaban must not be prescribed in either state:</p> <ul style="list-style-type: none"> • There is a lack of safety evidence for apixaban during pregnancy / breastfeeding • If patient becomes pregnant while taking Apixaban – Contact GP immediately • If patient needs contraceptive advice, phone 0131 - 5361511
<input type="checkbox"/>	Inform patient to obtain repeat prescription from GP within 1 week
<input type="checkbox"/>	<p>Supply appropriate patient information leaflet and alert card (in Apixaban tablet box)</p> <p>https://www.eliquis.co.uk/resourcesforpatients/patientinformation/</p>

Counselling given by: (name & profession – Sign + PRINT)

Counselling received and understood by: (patient or guardian – Sign + PRINT)

Date/...../.....