Deep Venous Thrombosis AMBULATORY CARE PLAN © 2019

NHS BORDERS Borders General Hospital

Ambulatory Care patient information for patients with Suspected Deep Venous Thrombosis being investigated as an outpatient

You are currently being investigated for the cause of your symptoms that you have presented with. We are specifically investigating to look for a blood clot in your leg.

The team who has assessed you has decided that you are well enough to go home and wait for further tests, i.e., a scan that needs to be done to confirm or refute the diagnosis of a blood clot in your leg.

We will give you medication to thin your blood while we wait to get these tests done. It could take more than one day to arrange this, especially if you come at the weekend.

We are discharging you home today after we have administered this blood thinning injection. We would like you to return to the Ambulatory Care Unit (ACU) on $\dots / \dots / \dots$ at $\dots : \dots$ hrs for review and further investigation. After the scan you should return to ACU, and you will be given the result of the scan later that day and reviewed by medical staff.

Please continue to take any other medications prescribed for you.

You Should Return to the Emergency Department if:

You start to bleed

Dear

- You feel more unwell, i.e.:
 - Feel dizzy or faint, or actually faint
 - Develop chest pain or palpitations
 - Become more short of breath
 - -Cough up blood

If you are unsure you can telephone for advice: 01896826000 and ask to speak to medical on-call