# 2022 IS SCOTLAND'S YEAR OF STORIES HELP US TO CELEBRATE WE WANT TO HEAR YOUR STORY



### What is it all about?

The What's Your Story? project is looking to collect stories from local people about their experiences of Covid during the pandemic and into 2022.

### Why should I tell my story?

Since Covid 19 arrived in 2020, all our lives have changed, from mask wearing to lateral flow testing to shielding to losing loved ones we have all been uniquely affected by the pandemic. However, there are many uplifting stories of how communities pulled together, became more digitally connected and appreciated outdoor life. The project hopes to capture this moment in history – You are a part of this history, and your story is important. The stories will reflect how our lives have changed, tell future generations how we survived a global pandemic and take a moment to remember those that we lost and celebrate our communities and local environment.

### What do I have to do?

Initially, you will be given a story template form to fill in. This form will contain suggestions and questions to help you structure your story. Support in doing this will be provided by a library staff member, if you require.

You will be invited for a conversation with a trained member of staff who will support you to tell your story and will record this. Using your story template, you can either read your story or use the template as a prompt. You will be given the chance to hear the recording before it is used, and this will only be used with your permission.

### How long will it take?

The conversation could take anywhere between 1 to 2 hours depending on your story.

### I don't want people to know it's me!

If you would prefer to remain anonymous, we can still tell your story. A trained member of staff will record your story and the recording will only be shared within the project team. Your story will then be retold by someone else and any identifying information removed.

### What will happen to my story?

Your story may be used in a variety of ways: to create a podcast, to be shared on the internet, used within training programmes or to help create better services. We will ask your permission before using your story in any way.

### Can I ask for my story to be removed?

Yes - You can ask for your story to be removed at any time and will be given information on how to do this.

### How can I get involved?

Speak to a member of staff or email: williampoulter@north-ayrshire.gov.uk

This Project is supported by the Scottish Government Public Library Improvement Fund







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Prior to coming in to record your story, you can bring a completed story (handwritten or typed) with 1,000 words maximum. This can be written either as a script you can read word-for-word, or as a series of bullet points.

Your personal story should be about your experiences during COVID and into 2022, as restrictions eased. This could be about an event, or series of events that changed you, either in your work life or your personal life. It's about something that has happened in your life, in your voice.

Please don't be daunted by this form. It's just a guide so we can focus on your story when recording. On the day, you will have time to chat through the story and practice what you are going to say. We will have plenty of time to record sections more than once, if we need to.

Your story should contain elements of change or transition, something that makes it interesting. Your story is a journey, with turns that take you from one direction to the next. Think of the start as a point during COVID and the end is where you found yourself in 2022. This guidance will help you think about these changes and transitions.

Please use the following pages to write notes/bullet points about your story.

# WHERE WERE YOU, PHYSICALLY?

Think about where you were in 2020 at some point during COVID. This is the start of your story.



WHAT HAPPENED AT FIRST?

HOW DID YOU/OTHERS REACT?



WHAT HAPPENED NEXT?

HOW DID IT CONCLUDE - WHAT OBSTACLES WERE IN THE WAY, HOW WERE YOU HELPED?



## HOW DO YOU FEEL NOW?



# HOW HAS YOUR LIFE CHANGED?

Where were you in 2022, and how did your experiences during COVID change you and your life.





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